

BREAKFAST

Served all day, every day

Good Mornings

Fresh-squeezed orange juice	2.99/4.29
Organic Coffee	3.29
Organic Yogurt	3.99
Organic Granola with banana	6.59
Organic Steel Cut Oatmeal with banana, raisins, brown sugar	6.59
Grapefruit	3.29
Melon in Season	5.49
Fresh Fruit Bowl	5.99

Nosh Specialties

Nosh Breakfast Bagel	6.99
Fluffy eggs, crispy bacon & cheese.	
The Gourmet Breakfast Bagel	8.29
Egg whites, sun-dried tomatoes, spinach and goat cheese.	
Breakfast Burrito	8.79
Scrambled eggs, crispy bacon & cheese, served with guacamole and salsa.	
Shakshuka (Israeli Breakfast)	11.49
Two poached eggs served atop a slow roasted stew. Served with a baguette.	
“Hole in One”	8.29
Two hallowed-out slices of bread with eggs over easy in the center.	
Cheese Blintzes (2)	8.49 (3) 11.49
With sour cream and/or strawberry jam.	
Matzoh Brie.	9.99
With sour cream and/or strawberry jam. Add .99 for egg whites	
Chicken Apple Sausage Hash.	11.49
Aidells chicken apple sausage mixed with home fries, red onions, red peppers and topped with 2 eggs any style.	
Ground Turkey & Bacon Hash.	11.49
Ground turkey breast & smoked bacon sauteed with home fries, red onions, red peppers with 2 eggs any style.	
Veggie Hash	11.49
Diced potatoes, mushroom, artichoke hearts, sun-dried tomatoes, spinach & red onion topped with 2 eggs any style.	
Huevos Rancheros - OLE!	11.49
Corn tortilla smothered with black bean puree topped with another tortilla with two over medium eggs, salsa roja and melted jack cheese. Served with guacamole, sour cream and papas on the side.	

Build Your Own Omelette

Egg Whites.99		
Add cheese99 each		
Swiss	Muenster	Jack	Cheddar
Mozzarella	American	Jarlesberg	
Goat cheese crumbles (add 1.99)	Feta Crumbles (add 1.79)		
Add veggies99 each		
Tomatoes	Broccoli	Green Peppers	Onions
Mushrooms	Scallions	Red Pepper	Spinach
Jalapeños	Avocado (add 1.99)		
Add protein	2.29 each		
Bacon	Corned Beef	Sausage	Pastrami
Turkey Sausage	Ham	Chicken Breast	Ground Turkey
Salami (kosher, hard or Italian)		Roasted Turkey Breast	
Smoked Salmon (add 3.99)			

A note about our ingredients

Our chicken and turkey are free-range and always antibiotic and hormone free. Turkey and meats are roasted daily.

We only use:

- trans-fat free oils in all of our cooking
- grass-fed, kosher hamburger
- nitrate-free bacon and smoked salmon
- sustainable, line-caught tuna

We bake our own pastries daily.

Our coffee, tea & hot chocolate is organic.

Egg-cellent Eggs

Served with potatoes, tomatoes, cottage cheese or organic green salad and your choice of bagel or bread. Sub fruit 1.59. Add .99 for egg whites.

Two Eggs Any Style	7.29
with all-natural, nitrate-free bacon	9.29
with sausage links	9.29
with turkey sausage or turkey bacon	9.29
with Aidell's chicken apple sausage	10.99
with ham steak	10.99
with corned beef hash.	11.99
Eggs & Onions	8.29
Lox, Eggs & Onions	12.99
Lox on the side (with eggs & onions).	14.99

Egg Whites

Served with fresh fruit or an organic green salad. Add a bagel for 1.15.

Chicken Egg White Scramble	11.49
Egg whites, chicken breast and fresh broccoli	
Turkey Egg White Scramble	11.49
Egg whites, ground turkey and spinach.	
Veggie Egg White Scramble	11.49
Egg whites and fresh vegetables	

Signature Omelettes

Served with potatoes, tomatoes, cottage cheese or organic green salad and your choice of bagel or bread. Sub fruit 1.59. Add .99 for egg whites.

Cheddar, Bacon & Potato	10.79
Rustic artichoke hearts, sundried tomatoes, goat cheese and griddled onions	11.99
Deli with corned beef or pastrami	11.99
Mediterranean spinach, red onion, feta cheese, tomatoes and black olives	11.99
Caprese tomatoes, basil and mozzarella	10.99
Cheese	8.99
Denver ham, green pepper and onions	11.99
Spanish melted Jack & cheddar cheese topped with Spanish sauce. Sour cream & guacamole on the side.	11.99
Smoky Chipotle turkey breast, diced tomato, red onion with smoky chipotle sauce	11.99